



Beach Spa Bed and Breakfast

Virginia Beach, Virginia

Virginia Green Lodging is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

Beach Spa

Beach Spa Bed and Breakfast is centrally located two blocks from the Virginia Beach Resort in "Old Beach". The home, circa 1937, was recently expanded. Beach Spa features eight guest rooms, an outdoor heated spa pool, and welcomes events such as weddings and anniversary parties. Beach Spa is committed to environmental excellence and works to minimize environmental impacts whenever possible.



Green Lodging Activities. When visiting Beach Spa, you can expect the following practices:

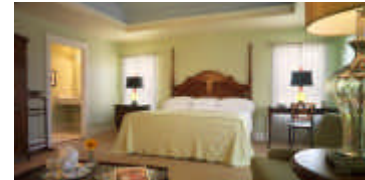
CORE ACTIVITIES for Green Lodging

- ☒ **Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
 - Train house cleaners on process of optional linen service
 - Purchase water efficient washers and dryers
 - Use non-phosphate, non-toxic, biodegradable laundry detergents and cleaning products
 - Minimize the use of bleach and chlorinated chemicals
 - Use linen service providers that employ "wet" versus "dry" cleaning
- ☒ **Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
 - Recycle: Glass, Aluminum Cans, Steel Cans, Plastic, Office Paper, Toner Cartridges, Packing Supplies, Newspaper, Cardboard, Fluorescent Lamps, Batteries, Electronics Equipment, Yard Debris, Magazines and Books to the library
 - Compost excess food waste
 - Fill reusable shampoo bottles
 - Instruct housekeeping to save and reuse unopened items
 - Eliminate use of Styrofoam
 - Use dishware and glassware to minimize use of disposables
 - Provide condiments, cream and sugar in bulk
 - Refrigerator provides filtered water for guests
 - Implement effective food inventory system to minimize waste
 - Purchase locally grown, organic and sustainable-grown produce and other foods
 - Purchase recycled-content paper-towels and toilet tissue
 - Encourage suppliers to minimize packaging and other waste materials
 - Reuse grocery bags
 - Purchase from vendors and service providers with a commitment to the environment

- Use two-sided copying and printing
- Use electronic correspondence and forms
- Use "green" cleaners that are dispensed in bulk
- Install high efficiency hand dryers
- Purchase durable furniture and equipment
- Purchase "low-VOC" carpets and fabrics
- Use reused building materials or those from sustainable sources
- Use latex paint
- Reuse/recycle/dispose of thinners and solvents properly
- Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Effective inventory system and labeling of last-in/first-out
- Use least toxic materials
- Minimize use of pesticides and herbicides and use integrated pest management
- Sweep, wipe, and open windows before using electric cleaning tools or water

☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.

- Track overall water usage and waste water
- Preventative maintenance of drips and leaks
- Flow metering to discover leaks and areas of high use
- High efficiency dishwashers
- Use dry clean up methods over water-based methods
- Low flow toilets and tank less water heaters
- Effective landscape management plan
- Rain gardens, rain barrels, cisterns, and drip line irrigation
- Chesapeake Bay Preservation Area planting beds
- Effective storm water management plan
- Minimization of impervious areas



☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Track overall energy bills and set a numeric goal to reduce
- Consider the pollution factor of energy usage by using a pollution calculator
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- Use high efficiency fluorescent ballasts and lamps
- Install LED Exit Signs
- Have High Efficiency Heating & Air Conditioning and use ceiling fans
- Individual thermostats
- Use natural lighting and lighting sensors
- Purchase EnergyStar computers and appliances
- Thermal rated windows and insulation
- Use directional lighting in parking lots and walkways
- Purchase "Green Tags" or "Renewable Energy Certificates"
- Bike and walk whenever possible

☒ **Green Events Package.** The facility must offer a "green" or "environmentally-friendly" package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

For more information on **Beach Spa Bed and Breakfast**, see www.beachspabedandbreakfast.com or contact Greg Nelson at greg@beachspabednbreakfast.com.

For more information on **Virginia Green Lodging** program, see www.deq.virginia.gov/p2/lodging.



Virginia Green Lodging program is a supporting partner of **Virginia Green**, the Commonwealth's campaign to encourage environmentally-friendly practices in all aspects of Virginia's tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

